

Name: Colton Merrill, ATC, CPT		Grading Quarter: 4	Week 9 Beginning: May 12, 2025
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	<p>Objective:</p> <ol style="list-style-type: none"> <li>1. Define and use terminology in correct context.</li> <li>2. Calculate amount of calories to maintain, lose, or gain weight.</li> <li>3. Calculate BMI</li> <li>4. Determine healthy weight range for height using different tools.</li> </ol> <p>Lesson Overview: Lesson 3 PATH TO MAINTAINING A HEALTHY WEIGHT</p>	Academic Standards: 3.1
Tuesday	Notes:	<p>Objective:</p> <p>Students will demonstrate comprehensive knowledge of key concepts in sports medicine, including injury prevention, evaluation, treatment, and rehabilitation. They will apply critical thinking and problem-solving skills to scenarios involving athletic injuries and clinical decision-making.</p> <p>Lesson Overview:</p> <p>Final Exam Post Test</p>	Academic Standards: All Standards
Wednesday	Notes:	<p>Objective:</p> <p>Lesson Overview:</p> <p>Grade Notebooks</p>	Academic Standards:
Thursday	Notes:	<p>Objective:</p> <p>Lesson Overview:</p> <p>Make up work</p>	Academic Standards:
Friday	Notes:	<p>Objective:</p> <p>Lesson Overview:</p> <p>Make Up Work</p>	Academic Standards: